

Substance Use and Mental Illness Symptoms Screener (SAMISS)

ONLY MENTAL HEALTH QUESTIONS

Mental Health

1. During the past 12 months, were you ever on medication/ antidepressants for depression or nerve problems?
☐ Yes
☐ No
2. During the past 12 months, was there ever a time when you felt sad, blue, or depressed for 2 weeks or more in a row?
☐ Yes
☐ No
3. During the past 12 months, was there ever a time lasting 2 weeks or more when you lost interest in most things like hobbies, work, or activities that usually give you pleasure?
☐ Yes
☐ No
4. During the past 12 months, did you ever have a period lasting 1 month or longer when most of the time you felt worried and anxious?
☐ Yes
☐ No
5. During the past 12 months, did you have a spell or an attack when all of a sudden you felt frightened, anxious, or very uneasy when most people would not be afraid or anxious?
☐ Yes
☐ No
6. During the past 12 months, did you ever have a spell or an attack when for no reason your heart suddenly started to race, you felt faint, or you couldn't catch your breath?
[If respondent volunteers, "only when having a heart attack or due to physical causes," mark "NO.]
☐ Yes
☐ No

Scoring Instructions:

Patient considered positive for symptoms of mental illness if he/she responded yes to *any* mental health question [8–13].